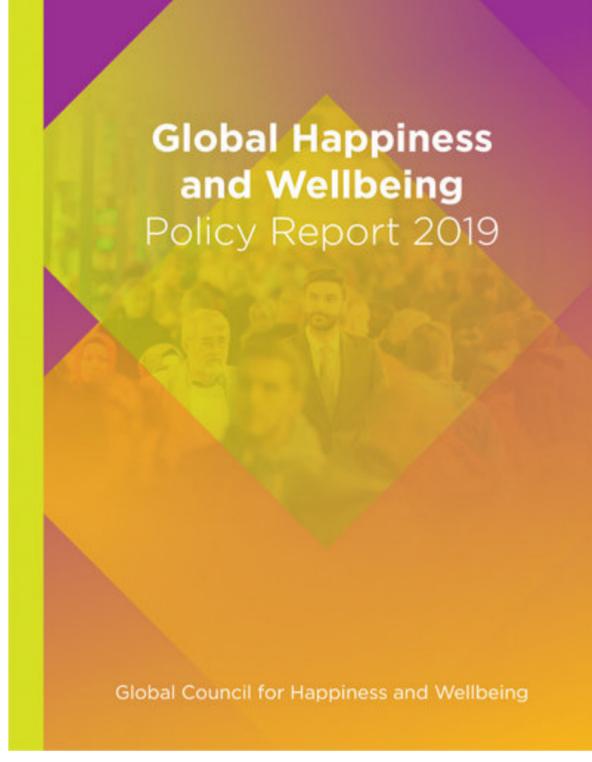


FEBRUARY NEWSLETTER

World Government Summit



GLOBAL HAPPINESS AND WELLBEING POLICY REPORT 2019

This month the World Government Summit was held in Dubai. This is an annual event attended by leading wellbeing scientists and key practitioners to encourage adoption of the best evidence-based wellbeing practices worldwide. The result is an annual Global Happiness and Wellbeing Policy Report. Chapter four focuses on Positive Education with many references to best practice in Australia. Four case histories are presented. We will present two here and the other two next month.

1. Geelong Grammar is the first Positive Education school worldwide

Their recommendations are:

- Positive Education is an ongoing journey and commitment
- Community involvement is essential
- Those driving Positive Education within a school need to understand some staff will be skeptical but encourage them not to be cynical and close-minded about Pos Ed.
- Questions, concerns and contributions must be encouraged so as ownership is felt by all within the school community.
- In-house training is recommended to ensure sustainability

2. The University of Adelaide is taking a new approach to teacher education through the development of an evidence-based Wellbeing Framework to teach teacher wellbeing. Implementation commenced this year and the aim is that over the next five years 750 teaching graduates will complete the program. Professor McCallum states "There is a clear link between teachers' wellbeing, their role in the classroom and school community, and the success and satisfaction of children and young people" (2016, p. 128).¹

¹. McCallum, F. (2016) Teacher Wellbeing, in McCallum, F. & Price, D. *Nurturing Wellbeing Development in Education*. Routledge, UK.



SPECIAL OFFER - EXPIRES THIS TERM

Listen to our special offer below, only on until the end of term 1, 2019.

[Book Now](#)



ONLINE WELLBEING COURSE

We are excited about Dr Suzy Green's online wellbeing course - The Positivity Prescription. Suzy is a world leader in Positive Psychology and recently attended the World Government Summit as a distinguished guest.

The Positivity Prescription starts next week so check out the video below and book in ASAP!

[Book Here](#)



The 2019 Positive Education Schools Association Annual Conference is on soon near the Gold Coast. Highly recommended for evidence-based wellbeing strategies in schools.

[Register Here](#)



Need to enhance the wellbeing of your school? After an evidence-based approach that enhances wellbeing for all staff, students and families? Then check out our Strong Minds whole school wellbeing package. **BOOK HERE.**

[More Info](#)



Warmest wishes,
Nicole and the team at
Growing Strong Minds

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