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| |  |  | | --- | --- | | |  | | --- | | Positive Education v's Wellbeing Programs  Do you have a good understanding of wellbeing? Often schools will be implementing a wellbeing program and feel that this is sufficient. Whilst it is a good starting point, there is much more that can be done to enhance not only wellbeing, but teaching and learning too.  With the crowded curriculum and ever increasing demands on schools it is a challenge to stay abreast of all fields. That is why we attend Positive Education conferences, so as we can bring you the latest science. Positive Education is the application of positive psychology - the science of wellbeing, in educational facilities such as schools.  Positive Education is an APPROACH not a PROGRAM. It aims to impact the whole school community and requires both explicit and implicit teaching. Explicit refers to positive psychology (wellbeing) programs/lessons and implicit refers to staff living positive psychology and embedding it. Our Strong Minds package is a great introduction to Positive Education. We provide:  - A positive shared language and strength resources to embed wellbeing in your school  - A one term guide for staff wellbeing and  - A Strength Based Parenting session so as the whole school community can live it. | | |

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| |  |  |  |  |  | | --- | --- | --- | --- | --- | | |  | | --- | | SPECIAL OFFER  Book [Strong Minds](https://u4505112.ct.sendgrid.net/wf/click?upn=WJwkGzpacR5Dn3oiuJHWhl-2FrQOSNdqODHXY876lNUrW7ZMscFQe0URvg9VUDHUSUQ-2FUDUjPFpmd5SqnBWdaNYdzfP8JZhJtrBoMAad6xwtRmZ3BRdIbqOIwM3tMvjx5ftuVP0XdP-2FHRGoQTTIZdYZjrFq5OXYeV92ANeo2XqHmAuqSei-2BLcZMHqCm4Bjrv0jd8uJgQ0EKKyFOm7YFufJxS1QOF3FqfVRgsPc0teeh6bghIrhA7HqEFvj2E2wfJd4CJH7RSRFA1j0RoccFLnSPrFQ4hnPgc-2FwOxkQD66JglafRrz5QaAQZLPRiC5Cd0-2B-2FwNEeRhlqIPvqDSaI8lVQHo6vr2gXySg1zNHqDsVC0ryOMbN-2BvsQIxDmpfByJqPyfous9tjiNjGShB-2F8Ibuz1MA-3D-3D_o3i8x9nxF8jgCr6Q7zLyFAwdfocIfb4VshhFkuubiAvsqrGj729iFPPHIYRSADB4KZi42wU2VVb6wR0G8GOdEPn76VERZC47-2Ff6GQoASHvHrVe1nRnoQLSoVysr30SkyvFvsGHShYDiUfWgfDqlkMmhWZ6xBMQQhN3EhfHl60AKYkxD24f1gckTUiRngP79669UWGKVNezAelBhK84wCURXkO6GWoF-2FvHjX00gGgroRiNIKncpCK-2BBxZK7W-2BIGwWr33qUg9YcoBnoJAxGi6NkpAS5rghxaMEV-2BazjicEfQnz0Q5ZvTKFLaqFE2H0plEfP7NmbMZUwIyGgLddCF66Mz085V1-2FLT9K8lhFJr27ePCQdWpk8CDUWFH6ybejEBcyk2zH54-2FnWYh6rbvjezuX3KCbtVMYNuLl5Dss3E2ImgULbLHQF-2BC-2FzvC8Xq4cUcU6jyx8e3IX5eU5D29qJexqSWFQywwj6m6YtQEo6C6KSmoa9ZWdqW-2BQNEodJJURzAI8ezjQsPrHfWfZqGO3bqEJcxEr8zOQeYMc999evRY6MvxnmqKEvp-2BsJSfjAua-2BtQKgqywNxEWf9JiA-2BCJeTzK1KQ-3D-3D) this term and receive 2019 prices for 2020.  In addition your school is eligible for complimentary Calm Corner Cards.  Remember Strong Minds is an evidence based whole school approach to wellbeing based on character strengths - the foundation of the new PDHPE syllabus | |  | | |  | | --- | | [**Get in touch**](https://u4505112.ct.sendgrid.net/wf/click?upn=WJwkGzpacR5Dn3oiuJHWhl-2FrQOSNdqODHXY876lNUrW7ZMscFQe0URvg9VUDHUSUpHF6ImYR5qyFw9WynyvDadd2M1G-2FSbeozniGbcDS6sDUvnPGtVs41WPzntOypsWknXt0m-2FL-2FVAGVCuRTa4t3G9iDveTlVJTmIo1SOVmg8zmzYog1fJVx3IicCs11Rh6w5dMSLVVxQacXVMDpwyxu3gGlVh9jZz8eylgSHKLLsdNs9dZyid3aM3FFltm58J4UHDmdj-2BANGvvPuqFqaoAHGAmsl3VmCYaPXsjaxW5RUZSYWwMfXSi3PJy-2FujS3OlqdFYN9pdbKw3FHu9oFavCaZoRmKBaEUW0oGrzMECjy1MRO1-2F0uzgcvoBaFMVAtmYN-2FX-2BwEn8oX98SbDZ3CuvTuFQ-3D-3D_o3i8x9nxF8jgCr6Q7zLyFAwdfocIfb4VshhFkuubiAvsqrGj729iFPPHIYRSADB4KZi42wU2VVb6wR0G8GOdEPn76VERZC47-2Ff6GQoASHvHrVe1nRnoQLSoVysr30SkyvFvsGHShYDiUfWgfDqlkMmhWZ6xBMQQhN3EhfHl60AKYkxD24f1gckTUiRngP79669UWGKVNezAelBhK84wCURXkO6GWoF-2FvHjX00gGgroRiNIKncpCK-2BBxZK7W-2BIGwWr33qUg9YcoBnoJAxGi6NkpAS5rghxaMEV-2BazjicEfQnz0Q5ZvTKFLaqFE2H0plEfP7NmbMZUwIyGgLddCF66Mz085V1-2FLT9K8lhFJr27ePCQdWpk8CDUWFH6ybejEBcyk2zH54-2FnWYh6rbvjezuX3KCbtVMYNuLl5Dss3E2ImgULbLHQF-2BC-2FzvC8Xq4cUcU62AggrZC1rsbCQaJ76IE6jevLgomVjA8MLQ1ACbu2nosYx3-2B6LRaS5qmI-2FqupuB6MqJ70iElcZ872TQXP00W-2BkLtLSGEQtgHFnaLPN7ZnL8Id2GM-2FKojDMXPLmNNZALrnDkGezA73-2B8QV59NKHVYm9A-3D-3D) | | |  |  |  | | --- | --- | | |  | | --- | | [/var/folders/_g/lrxytcbs665bz1d9y7xpllv00000gn/T/com.microsoft.Word/WebArchiveCopyPasteTempFiles/5sCQBKI](https://u4505112.ct.sendgrid.net/wf/click?upn=WJwkGzpacR5Dn3oiuJHWhl-2FrQOSNdqODHXY876lNUrW7ZMscFQe0URvg9VUDHUSUJuK7KGCn4i-2BD-2BaqX8Q1F6Ayay5-2FTilNTupTkYtoJuE77e9WAxrYR49D2Ufo0avLbufKNwjDb1W7zO-2FBkJMpjrYloI48N58glFaWn-2FFkXsj-2F02sMq9qQZEVfki9a3IhcrmOzg34-2Bw4odhH6DeFLCvJzPGug3J4koJaic3pO6BcvgzSjvIVjKFmUfT2NDJJnBSYziKhwr-2BCaakWsKtPlAIcdjQnHnL2VB5TYd08hTS0N-2F6pbVaTBYERHa7r92BbEFr56MAaSuF8LOB3rIHjuAHab-2BVRYdzCB-2B04jRKxpMfHVul-2BPx96Qpldg8OSe6j78jVLKmUX7WjKUyR4qXL2icb7g-3D-3D_o3i8x9nxF8jgCr6Q7zLyFAwdfocIfb4VshhFkuubiAvsqrGj729iFPPHIYRSADB4KZi42wU2VVb6wR0G8GOdEPn76VERZC47-2Ff6GQoASHvHrVe1nRnoQLSoVysr30SkyvFvsGHShYDiUfWgfDqlkMmhWZ6xBMQQhN3EhfHl60AKYkxD24f1gckTUiRngP79669UWGKVNezAelBhK84wCURXkO6GWoF-2FvHjX00gGgroRiNIKncpCK-2BBxZK7W-2BIGwWr33qUg9YcoBnoJAxGi6NkpAS5rghxaMEV-2BazjicEfQnz0Q5ZvTKFLaqFE2H0plEfP7NmbMZUwIyGgLddCF66Mz085V1-2FLT9K8lhFJr27ePCQdWpk8CDUWFH6ybejEBcyk2zH54-2FnWYh6rbvjezuX3KCbtVMYNuLl5Dss3E2ImgULbLHQF-2BC-2FzvC8Xq4cUcU6X9gDc4Nk7oc85NT2Eqd1hx6Gd6O7sMlx8xk5lIi4tjaJKW-2BmmgGzMpuCPD5MsHVxnUHdoN0tagiHe-2Bwg-2BMs2HR83wyo4S0tCKwmE-2FW4uyD7SfH9w-2FxkbAxbvoi7lIK8NqZzNrcw-2Fjdrkd20Jlp0rIQ-3D-3D) | | |

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| |  | | --- | | [**PO Box 3023, Marrickville Metro, NSW 2204**](https://u4505112.ct.sendgrid.net/wf/click?upn=WJwkGzpacR5Dn3oiuJHWhuyNYLFs9gcGzDaUvbv8O4v-2BsbV5OSidabULUdWt3saeYKKSE-2BboQyLTPRcHCN8y4j0yGHscN9fRRRA48UwEXic-3D_o3i8x9nxF8jgCr6Q7zLyFAwdfocIfb4VshhFkuubiAvsqrGj729iFPPHIYRSADB4KZi42wU2VVb6wR0G8GOdEPn76VERZC47-2Ff6GQoASHvHrVe1nRnoQLSoVysr30SkyvFvsGHShYDiUfWgfDqlkMmhWZ6xBMQQhN3EhfHl60AKYkxD24f1gckTUiRngP79669UWGKVNezAelBhK84wCURXkO6GWoF-2FvHjX00gGgroRiNIKncpCK-2BBxZK7W-2BIGwWr33qUg9YcoBnoJAxGi6NkpAS5rghxaMEV-2BazjicEfQnz0Q5ZvTKFLaqFE2H0plEfP7NmbMZUwIyGgLddCF66Mz085V1-2FLT9K8lhFJr27ePCQdWpk8CDUWFH6ybejEBcyk2zH54-2FnWYh6rbvjezuX3KCbtVMYNuLl5Dss3E2ImgULbLHQF-2BC-2FzvC8Xq4cUcU6gdBW49KGgJsnrr8GKLq-2ByEwJfYpvV1VWZr33KjuadU6AjnMWOoypKtIOgkx-2Bt1ZFk8w-2FZb68T6sauHoGFmhSJomYqtKWCgl4us-2FuddrkPmt4gkBuYuSiXUe-2FwRitDr-2F17lZG80nBF3KMepkHU3thSA-3D-3D)  [**0402 709 543**](tel:0402%20709%20543) |  |  |  | | --- | --- | | |  | | --- | | [**nicole@growingstrongminds.com**  [/var/folders/_g/lrxytcbs665bz1d9y7xpllv00000gn/T/com.microsoft.Word/WebArchiveCopyPasteTempFiles/58CQBKI](https://u4505112.ct.sendgrid.net/wf/click?upn=WJwkGzpacR5Dn3oiuJHWhl-2FrQOSNdqODHXY876lNUrW7ZMscFQe0URvg9VUDHUSU56J1laM1oM0spaML40NY-2BiLdRXPJEH1ls9jlKNXWxshCMT-2Bv-2F2m6kt87rj7BWicxTTBkNYQ7AHk4-2B9ZgHd6qecvAKPHrKGzkvdBlWOQgDzjHDG5CdnfcsOObwgR3Zp0yOFoqbMZiaDTla-2BvPTt0EqaaaMQ6Us3g3Km-2FB7PAjixJUVmHJBZK5okCEqv-2BydzfnyaF-2BKlRhMde4-2FZ2hspYOIYZ2Vc2ltQPOaig0Tsa1k-2BtpB5RZ0NebOUlPcyK8inMD3vTf8HZYm2-2BwSz9jaIn549RX3iEYcXvXCLqWJt6BpewO-2BsfonnN31SGUknL-2FKJlrw-2B2mSV4FaSHxmALfvJXrGw-3D-3D_o3i8x9nxF8jgCr6Q7zLyFAwdfocIfb4VshhFkuubiAvsqrGj729iFPPHIYRSADB4KZi42wU2VVb6wR0G8GOdEPn76VERZC47-2Ff6GQoASHvHrVe1nRnoQLSoVysr30SkyvFvsGHShYDiUfWgfDqlkMmhWZ6xBMQQhN3EhfHl60AKYkxD24f1gckTUiRngP79669UWGKVNezAelBhK84wCURXkO6GWoF-2FvHjX00gGgroRiNIKncpCK-2BBxZK7W-2BIGwWr33qUg9YcoBnoJAxGi6NkpAS5rghxaMEV-2BazjicEfQnz0Q5ZvTKFLaqFE2H0plEfP7NmbMZUwIyGgLddCF66Mz085V1-2FLT9K8lhFJr27ePCQdWpk8CDUWFH6ybejEBcyk2zH54-2FnWYh6rbvjezuX3KCbtVMYNuLl5Dss3E2ImgULbLHQF-2BC-2FzvC8Xq4cUcU6EVlPTVyZxXljVoxwU7p0uo3-2FXU9qsNz-2BGbKsbq4QDq0aLjjcv5CspezCWj0lxsMmqfBh1qDg1v3tm80cjxIKPXCiR-2BGWO1OHG6jc2Qz2R-2BKwJjNW7WdEuaX-2Ft7utyzsdyRzEeQWq04EK-2FAgqIpm7wg-3D-3D)](https://u4505112.ct.sendgrid.net/wf/click?upn=WJwkGzpacR5Dn3oiuJHWhl-2FrQOSNdqODHXY876lNUrW7ZMscFQe0URvg9VUDHUSU56J1laM1oM0spaML40NY-2BiLdRXPJEH1ls9jlKNXWxshCMT-2Bv-2F2m6kt87rj7BWicxTTBkNYQ7AHk4-2B9ZgHd6qecvAKPHrKGzkvdBlWOQgDzjHDG5CdnfcsOObwgR3Zp0yOFoqbMZiaDTla-2BvPTt0EqaaaMQ6Us3g3Km-2FB7PAjixJUVmHJBZK5okCEqv-2BydzfnyaF-2BKlRhMde4-2FZ2hspYOIYZ2Vc2ltQPOaig0Tsa1k-2BtpB5RZ0NebOUlPcyK8inMD3vTf8HZYm2-2BwSz9jaIn549RX3iEYcXvXCLqWJt6BpewO-2BsfonnN31SGUknL-2FKJlrw-2B2mSV4FaSHxmALfvJXrGw-3D-3D_o3i8x9nxF8jgCr6Q7zLyFAwdfocIfb4VshhFkuubiAvsqrGj729iFPPHIYRSADB4KZi42wU2VVb6wR0G8GOdEPn76VERZC47-2Ff6GQoASHvHrVe1nRnoQLSoVysr30SkyvFvsGHShYDiUfWgfDqlkMmhWZ6xBMQQhN3EhfHl60AKYkxD24f1gckTUiRngP79669UWGKVNezAelBhK84wCURXkO6GWoF-2FvHjX00gGgroRiNIKncpCK-2BBxZK7W-2BIGwWr33qUg9YcoBnoJAxGi6NkpAS5rghxaMEV-2BazjicEfQnz0Q5ZvTKFLaqFE2H0plEfP7NmbMZUwIyGgLddCF66Mz085V1-2FLT9K8lhFJr27ePCQdWpk8CDUWFH6ybejEBcyk2zH54-2FnWYh6rbvjezuX3KCbtVMYNuLl5Dss3E2ImgULbLHQF-2BC-2FzvC8Xq4cUcU6EVlPTVyZxXljVoxwU7p0uo3-2FXU9qsNz-2BGbKsbq4QDq0aLjjcv5CspezCWj0lxsMmqfBh1qDg1v3tm80cjxIKPXCiR-2BGWO1OHG6jc2Qz2R-2BKwJjNW7WdEuaX-2Ft7utyzsdyRzEeQWq04EK-2FAgqIpm7wg-3D-3D) | | |

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