



Strong Minds – Early Years supports The Early Years Learning Framework For Australia Learning Outcomes

The following outcomes are achieved when:

- Educators share with children the strengths they have identified in them
- Educators encourage children to identify and use their strengths
- Children spot strengths in themselves and others
- Children use the language in their play and interactions
- Families become knowledgeable in the language of character strengths

✓ Children have a strong sense of identity

- Children feel safe, secure, and supported
- Children develop their emerging autonomy, inter-dependence, resilience and sense of agency
- Children develop knowledgeable and confident self identities
- Children learn to interact in relation to others with care, empathy and respect

✓ Children are connected with and contribute to their world

- Children develop a sense of belonging to groups and communities
- Children respond to diversity with respect
- Children become aware of fairness

✓ Children have a strong sense of wellbeing

- Children become strong in their social and emotional wellbeing
- Children take increasing responsibility for their own health and physical wellbeing

✓ Children are confident and involved learners

- Children develop dispositions for learning
- Children transfer and adapt what they have learned from one context to another
- Children resource their own learning through connecting with people

✓ Children are effective communicators

- Children interact verbally and non-verbally with others for a range of purposes

Strong Minds – Early Years

www.growingstrongminds.com



Strong Minds – Early Years supports The Early Years Learning Framework For Australia Principles

✓ Secure, respectful and reciprocal relationships

- Educators and children spotting strengths in others enhances relationships

✓ Partnerships with families

- Strong Minds - Early Years Parent Portal supports families to adopt a strength based approach, including using a shared strength language with the early childhood centre

✓ High expectations and equity

- Educators understand that all character strengths can be developed by all children

✓ Respect for diversity

- Educators understand that all children have different constellations of top strengths

✓ Ongoing learning and reflective practice

- Spotting strengths in children help educators understand each child
- Educators awareness of their own strength use, allows them the opportunity to reflect on strength over and under use and how this may benefit or hinder themselves and others

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