



Strong Minds – Early Years supports

The Early Years Learning Framework For Australia Learning Outcomes

The following outcomes are achieved when:

- Educators share with children the strengths they have identified in them
- Educators encourage children to identify and use their strengths
- Children spot strengths in themselves and others
- Children use the language in their play and interactions
- Families become knowledgeable in the language of character strengths

✓ Children have a strong sense of identity

- Children feel safe, secure, and supported
- Children develop their emerging autonomy, inter-dependence, resilience and sense of agency
- Children develop knowledgeable and confident self identities
- Children learn to interact in relation to others with care, empathy and respect

✓ Children are connected with and contribute to their world

- Children develop a sense of belonging to groups and communities
- Children respond to diversity with respect
- Children become aware of fairness

✓ Children have a strong sense of wellbeing

- Children become strong in their social and emotional wellbeing
- Children take increasing responsibility for their own health and physical wellbeing

✓ Children are confident and involved learners

- Children develop dispositions for learning
- Children transfer and adapt what they have learned from one context to another
- Children resource their own learning through connecting with people

✓ Children are effective communicators

- Children interact verbally and non-verbally with others for a range of purposes

Strong Minds – Early Years

www.growingstrongminds.com



Strong Minds – Early Years supports The Early Years Learning Framework For Australia Principles

✓ Secure, respectful and reciprocal relationships

- Educators and children spotting strengths in others enhances relationships

✓ Partnerships with families

- Strong Minds - Early Years Parent Portal supports families to adopt a strength based approach, including using a shared strength language with the early childhood centre

✓ High expectations and equity

- Educators understand that all character strengths can be developed by all children

✓ Respect for diversity

- Educators understand that all children have different constellations of top strengths

✓ Ongoing learning and reflective practice

- Spotting strengths in children help educators understand each child
- Educators awareness of their own strength use, allows them the opportunity to reflect on strength over and under use and how this may benefit or hinder themselves and others

Strong Minds – Early Years