



Empowering educators, children and parents to thrive

How to Activate Character Strengths in Your Classroom



1. Planning co-plan with students asking them to modify a lesson utilising their top 2 strengths.

2. Feedback Incorporate the language of strengths in your feedback to students. "You really persevered with that. It was kind how you allowed everyone time to speak."

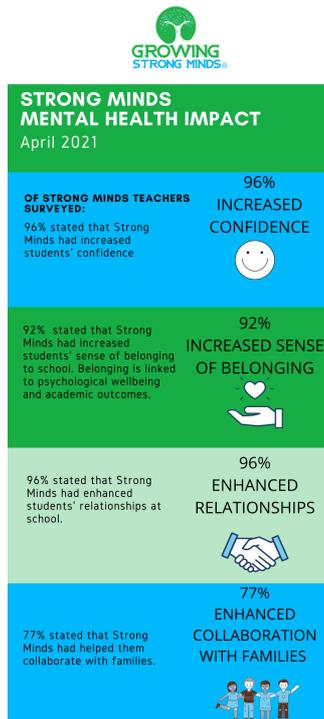
3. Three Way Conferences - allow students to lead the parent-teacher interviews. Ask them to discuss their top strengths - how are they helpful for them at school and how would they like to use them in their learning in the future?

4. Engagement - is there a lesson that you can improve on?! Which character strengths could you use to increase student engagement? It might be one of your top ones or a lesser one you can develop. Creativity, humour, teamwork- co-teach..

From: <https://www.viacharacter.org/t...>

Strong Minds Mental Health Impact

April 2021



We are super excited to release our latest [Mental Health Impact Survey](#) results (April 2021).

Of Strong Minds teachers surveyed:

- **96%** stated that Strong Minds had increased **students confidence**
- **92%** stated that Strong Minds had increased students **sense of belonging**
- **96%** stated that Strong Minds had **enhanced relationships**
- **77%** stated that Strong Minds had helped them **collaborate with families**

DOWNLOAD RESULTS

Keynote Address Early Childhood – Strong Minds Early Years



I was very excited to present my first Keynote Address at a conference – Coastwide Family Daycare. [Strong Minds Early Years](#) and the links with the [EYLF](#) was very well received. Lots of educators keen to implement a strength based approach.

Is there a childcare centre near your school that could benefit from character strengths? Imagine children enhancing their wellbeing literacy prior to school. This really sets children up for success.

LEARN MORE – STRONG MINDS –EARLY YEARS

Strong Minds Primary School Workshop – 22nd July 2021

Strong Minds Expert Wellbeing Package
from Nicole Nossiter

01:52

vimeo

Send 2 STAFF/SCHOOL to our Strong Minds Workshop. Enhance staff and student wellbeing today with our **evidence based approach** [Strong Minds](#).

Limited numbers, don't miss out!

BOOK NOW

WHAT OTHERS SAY..

Warmest wishes

Nicole and the team at Growing Strong Minds

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